

BEHAVIOR REFLECTION SHEET

1. This is the behavior expectation that I did not meet:

2. I should follow this expectation because:

3. This is how my behavior affected other people:

4. This is what I could have done instead (please be specific):

5. This is how I plan to make better choices in the future:

6. This is how I am feeling now (choose an emoji and write a word): _____

